

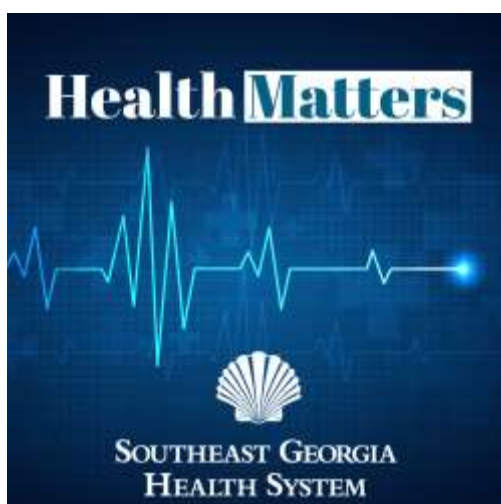


With Attached Photo: Health Matters, the Southeast Georgia Health System podcast

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Southeast Georgia Health System Launches “Health Matters” Podcast

BRUNSWICK, Georgia: May 3, 2024 – Southeast Georgia Health System has launched Health Matters, a biweekly podcast dedicated to giving the inside scoop on improving what matters most: the health and wellness of our community. The guests featured on the podcast are Health System doctors, nurses, physical therapists and other experts in the health care field.



“We are thrilled to have the opportunity to reach our community in a whole new way,” says Melody Bradley, Digital Media Supervisor, Southeast Georgia Health System. “It’s essential that we meet our patients where they are in order to start meaningful conversations around health and wellness. We have our website, social media pages, text alerts and monthly e-newsletter as well. Adding a podcast to these existing platforms will complement our efforts and enhance our communication with the community.”

From brain cancer to foot surgery and in between, Health System providers are dedicated to offering an educational yet intimate show that both informs and entertains. Upcoming podcast topics include: Organ Donation Uncovered; CyberKnife: Cancer Treatment Without Cutting; Game on: Getting Athletes off the Bench and Back on the Field; Weight Loss Surgery: A Journey to Wellness; Men’s Health Myths: Debunking Fiction From Facts; and, Wound Healing: An Unexpected Miracle of Birth.

Tune into Health Matters every other week by subscribing on your favorite podcasting platform, including Apple Podcasts, iHeart, Pandora, YouTube, and Spotify. For the latest episode, visit sghs.org/podcast, and as their podcast states: get ready to vibe, thrive and feel alive!

ABOUT SOUTHEAST GEORGIA HEALTH SYSTEM

Southeast Georgia Health System is a not-for-profit health system comprised of two acute care hospitals, two long term care facilities, two Cancer Care Centers and multiple specialty care centers, including orthopaedic and spine care, joint replacement, breast care, maternity, outpatient rehabilitation, sleep management and wound care. The Brunswick Campus Cancer Care Center is accredited by the American College of Surgeons Commission on Cancer and is one of the few centers in Georgia to offer CyberKnife® M6 with MLC. Additionally, the Brunswick Campus is accredited by The Joint Commission as an Advanced Primary Stroke Center and the Camden Campus is accredited as an Acute Stroke Ready Hospital. The Southeast Georgia Physician Associates medical group includes more than 160 providers working in 20 different medical specialties at more than 50 locations. The Health System is part of Coastal Community Health, a regional affiliation between Baptist Health and Southeast Georgia Health System, a highly integrated hospital network focused on significant initiatives designed to enhance the quality and value of care provided to our contiguous communities. For more information, visit sghs.org.

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